



MCYC

Community Services Society

ANNUAL REPORT 2015/2016

HELPING CHILDREN, YOUTHS AND
FAMILIES GET ON THE RIGHT TRACK
FOR A BRIGHTER FUTURE



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CHAIRMAN'S MESSAGE

Dear Friends,

The Mission of MCYC is "to reach out in Christian love, by providing quality programmes and services to all children, youths, parents and their families, of all language, race and religion, and nurturing each family member in body, mind and spirit".

In March of this year 2016, the Management Committee, key management and staff of MCYC met in a retreat to review its programmes and services in line with this Mission. At MCYC, we have been blessed with good people

who have provided dedicated leadership and faithful service to meet the many challenges during the years that we have been serving the community. That they have done a good job is seen in the number of children and youths who continue to use our services year-on-year; and in the partnership of programmes we have with the Ministry of Social and Family Development (MSF).

At the retreat, a vision was evolved to guide MCYC in the next few years. The vision states that "MCYC aims to be the premier service provider that supports the continuum of safety and developmental needs of children and youths and to share Christian love in a way that is acceptable in Singapore's multicultural and multi-religious landscape".

Arising from this retreat, MCYC intends to grow its iPEAK, Youth and Student Care programmes in the coming years with increased staff and higher children intakes. The new acronym iPEAK is derived from its children intervention programmes, psycho-educational assessment for learning difficulties and Kids Club service programmes. Further details on these programmes can be found in the Annual Report. In the coming years, we will also reorganise our Youth programmes to be more skill-based. The focus will also be sharpened to help children and youth to remain engaged within their families despite facing challenges. The family environment is best for promoting holistic development of children and youths.

I'm pleased to report that our partnership with MSF in HomeSweetHome@Admiralty, a therapeutic group home for children, has been running smoothly after an initial difficult first year in 2014. We have further developed our relationship with MSF by being appointed as a Fostering Agency in 2015 (one of two appointed by MSF). MCYC will organise outreach initiatives to raise awareness of the need for foster parents, identify and recruit new foster parents, and provide regular support to foster parents to facilitate the care of the foster children.

With these developments, MCYC is looking forward to a challenging and exciting time ahead, and I seek your support to keep us and the work we do in your prayers.

I would like to express my sincere thanks to all donors, volunteers, partners, Barker Road Methodist Church, MCYC Management Committee members and staff for your invaluable contribution and support.

We thank God for His faithful provision to MCYC and pray that He will continue to guide and bless us to fulfil His purpose for MCYC in the coming years.

Mr Robert Lim

Chairman, Management Committee

CORPORATE PROFILE

The MCYC Community Services Society (MCYC) is a Voluntary Welfare Organisation (VWO) which helps at-risk children and youths in their educational, social, emotional and moral development. This Annual Report captures MCYC's milestone developments and progress for the financial year from 1 August 2015 to 31 July 2016.

Registered with the Registry of Societies on 6 June 2008, MCYC is a full member of the National Council of Social Service (NCSS) and is also an Institution of Public Character (IPC) since 1 October 2008. The Society is affiliated with Barker Road Methodist Church. The church strongly supports MCYC's work in the community, benefitting the disadvantaged and those in need.

MCYC is funded mainly by direct donations from individual donors and Barker Road Methodist Church, government grants and programme fees. As an IPC, all local donations to MCYC qualify for tax exemption benefits.

CORPORATE INFORMATION

Unique Entity Number

T08SS0123D

Registered AddressBlk 106 Bukit Batok Central #01-217
Singapore 650106**Trustees**Dr Edwin Tan
Mr Benjamin BC Tan**Banker**

DBS Bank Ltd

Auditor

Baker Tilly TFW LLP

VISION

MCYC aims to be the premier service provider that supports the continuum of safety and developmental needs of children and youths and to share Christian love in a way that is acceptable in Singapore's multicultural and multi-religious landscape.

MISSION

The mission of MCYC is to reach out in Christian love, by providing quality programmes and services to all children, youths, parents and their families, of all language, race and religion, and nurturing each family member in body, mind and spirit.

OBJECTIVES

The objectives of MCYC are to help children, youths and parents of all language, race and religion, especially from dysfunctional, disadvantaged and needy families, to:

- Develop to their fullest potential;
- Enjoy a balanced family life;
- Become responsible and caring family member; and
- Become useful members of society.



MANAGEMENT COMMITTEE

Members, elected to the Management Committee at the Annual General Meeting on 28 November 2015, are as follows:



MR ROBERT LIM **CHAIRMAN**

Mr Robert Lim is the General Manager of NSL OilChem Waste management Pte Ltd.

Robert has worked for over 20 years in the waste management industry, covering business development, sales and marketing, operations, ISO management systems and is currently in charge of safety and quality assurance at his company.



MR TAN GEE SHAN **VICE-CHAIRMAN**

Mr Tan Gee Shan has been a veteran commercial banker for over 30 years. He spent most of his career in Standard Chartered Bank and has held numerous positions in operations, sales and risk functions. They include Chief Risk Officer in Standard Chartered Bank Thailand and Group Head of Medium Enterprise Risk based in Singapore. Gee Shan is currently Head of Risk in the Singapore branch of Emirates NBD, which has a wholesale banking licence.



MR ANG HOCK KHENG **SECRETARY**

Mr Ang Hock Kheng runs an executive search company as well as provides human resource consultancy and training services to corporate clients. He has more than 20 years of human resource experience in the aviation, IT, accounting and finance, property development and hospitality industries, as well as the public sector, at IDA and HSA.

Companies that he has worked for include Singapore Airlines Ltd, United Overseas Land Ltd, Pacific Internet Ltd and Ernst & Young LLP. He has also served as a member of the Staff Committee at YMCA Singapore, and is currently serving as a member of the Committee of Human Resource Management at the Methodist Church in Singapore.



MRS POON HOH KAM **TREASURER**

Mrs Poon Hoh Kam is a member of the Institute of Chartered Accountants in Australia as well as the Institute of Singapore Chartered Accountants. She has more than 40 years of Corporate Accounting and Financial experience working in professional accounting firms and MNCs. Prior to volunteering her service as the Treasurer of MCYC, Kam was the Head of Finance and Regional Financial Controller (Asia Pacific) for MAN Diesel & Turbo Singapore Pte Ltd, a subsidiary of MAN AG, Germany.



MS SAM PEI PEI VICE-TREASURER

Ms Sam Pei Pei is currently a Divisional Director in the Finance Department at Nanyang Technological University. She is also a Chartered Accountant with the Institute of Singapore Chartered Accountants and holds a Master in Business Administration.

She started her career with an accounting firm as an auditor and also has experience working with MNCs in the IT industry.



MR CHRISTOPHER CHOW MEMBER

Mr Christopher Chow has a strong passion for youth work and community service. He has served with the Boys' Brigade as a volunteer officer as well as Chairman for its BB CARES community service programme. In 2008, he initiated the Green Shoots life skills programme with the Singapore Armed Forces (SAF) Detention Barracks which saw volunteers from all walks of life come forward to equip detainees with the skills they need to reintegrate back into society.

He is currently heading the International Trading Institute@SMU, the first trading institute in the world to be set up within a university and Singapore's premier industry platform for thought leadership and talent development in the arena of international trading.



MS CHUANG SHEUE LING MEMBER

Ms Chuang Sheue Ling is a Chartered Accountant and holds a Bachelor of Accountancy degree from the National University of Singapore.

She has over 30 year of experience with corporate secretarial services and is currently Consultant at BSL Corporate Services Pte Ltd.



MR DAVID PHUA MEMBER

Mr David Phua is currently Director of Finance & Operation of Angsana Molecular & Diagnostic Laboratory Pte Ltd.

A holder of an MBA, FCA Singapore, FCMA and CGMA, he is also a Fellow member of the institute of Singapore Chartered Accountants and Chartered Institute of Management Accountants (UK). He has over 36 years of financial management experience in MNCs and SMEs in various industries.



MR EDDY THAM **MEMBER**

Mr Eddy Tham presides as a District Judge in a criminal trial court in the State Courts. Since his first appointment as a Deputy Registrar of the Subordinate Courts in 1988, Eddy has been posted to several positions including a District Judge in the Family Court, a Coroner with the Coroner's Court, an Assistant Registrar with the Supreme Court and a Deputy Public Prosecutor with the Attorney-General's Chambers. He is a member of the Inquiry Panel of the Law Society looking into complaints against lawyers.



MR GAN ENG KHOON **MEMBER**

Mr Gan Eng Khoon presently holds the position of Deputy Director at the National University of Singapore, and has previously worked at the Ministry of Defence and Ministry of Transport in strategic operations and policy development, deployment and implementation.



DR MICHAEL ONG **MEMBER**

Dr Michael Ong is currently working part-time as a medical doctor and is a graduate from Trinity Theological College with a Masters degree in Divinity.

He was formerly managing human science research at the Defence Science Organisation as Head of Ops-Tech Integration after retiring from the Singapore Armed Forces Medical Corps. Part of his career was also spent in private practice as a Medical Director, Hyperbaic Medical Services as well as Medical Consultant to the Land Transport Authority in the area of compressed air works and underground tunnelling.



MR PANG TIT KEONG **MEMBER**

Mr Pang Tit Keong is a Senior Regulatory Specialist with the Health Sciences Authority, Health Products Regulation Group.

Tit Keong has worked in various pharmaceutical firms in various roles such as sales, marketing and regulatory affairs including setting up sales and marketing offices for two European pharmaceutical companies in 2006 and 2010.



MS GEORGIA LEO MEMBER

Ms Georgia Leo is a member of the Institute of Singapore Chartered Accountants, and Association of Certified Chartered Accountants in UK. She has more than 20 years of Financial Controllership experience in various industries including manufacturing, technology & software and industrial equipment industries. Throughout her career she worked in MNC business environments with regional responsibilities covering Asia Pacific, India, Japan as well as China.

Before volunteering her service at MCYC, Georgia was a Financial Controller of Power-One Pte Ltd (a member of ABB Group).



MR TAN KHYE SUAN EX-OFFICIO

Mr Tan Khye Suan has been Executive Director of MCYC since April 2002.

Khye Suan was a Town Planner with the Housing Development Board for 15 years before embarking on a three-year stint in the real estate and construction industries.



The Management Committee and Executive Director are responsible for the administration and operations of MCYC. They are supported by a number of sub-committees and a management team of senior staff members.

Audit Sub-committee

Mr Eddy Tham

Nominations Sub-committee

Mr Loke Beng Fong

Mr Eddy Tham

HomeSweetHome@Admiralty Sub-committee

Mr Gan Eng Khoo, Chairman

Mr Pang Tit Keong, Vice-Chairman

Ms Yarni Loi, Secretary

Ms Era Cheong, Treasurer

Dr Tan Thong Kwan Benjamin, Member

Dr Chong Yew Lam, Member

Mr Hardev Singh, Member

FosterConnections@MCYC Sub-committee (Oct 2016)

Mr Lee Soo Chye, Chairman

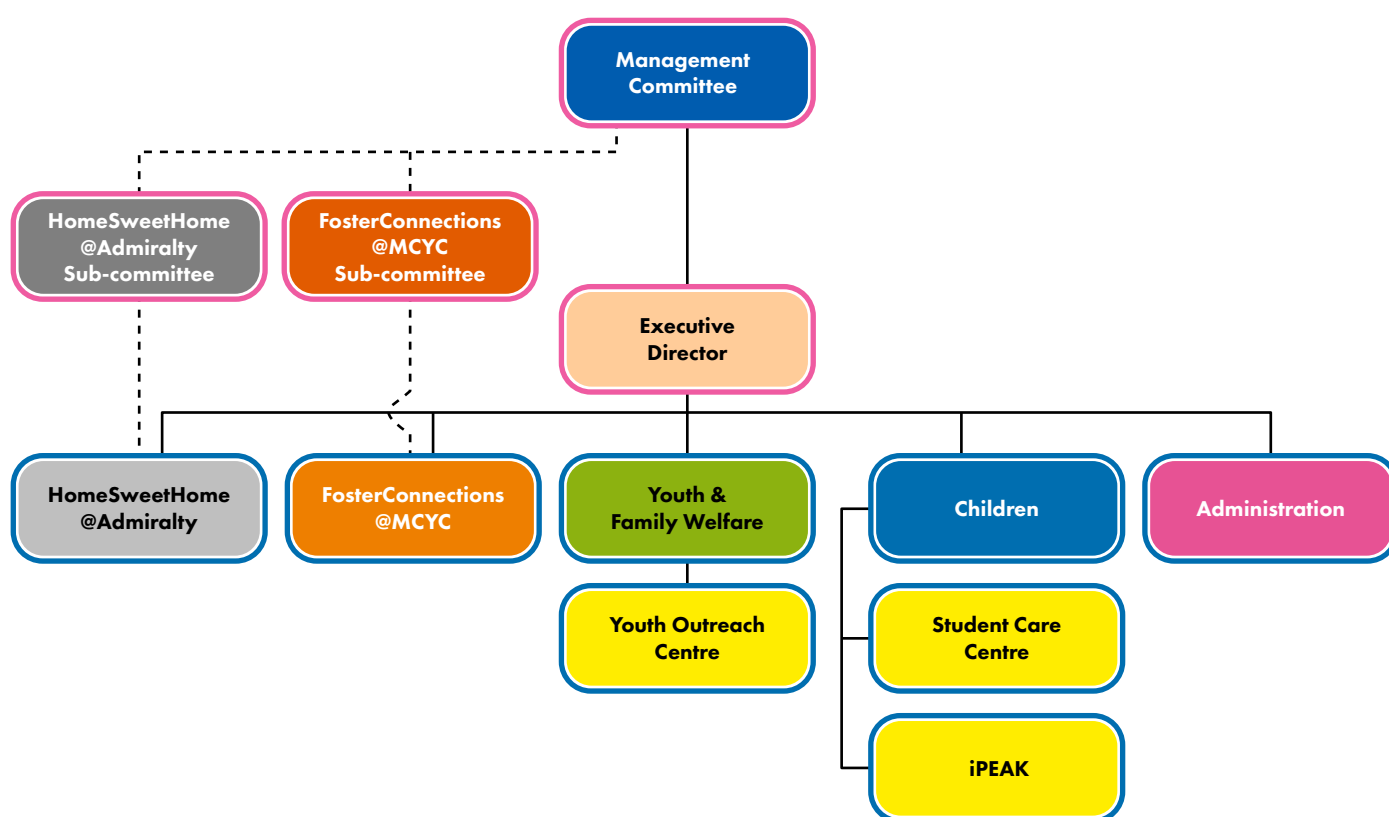
Ms Angeline Tan, Treasurer

Mr Aaron Chong, Member

MCYC has 76 professional staff comprising:

	Full-time	Part-time
Administrative & Support Staff	15	-
Counsellors	4	-
Social Workers	10	-
Psychologists	1	1
Teaching Staff	7	3
Programme Support Staff	19	-
Residential Care Workers	16	-

ORGANISATIONAL STRUCTURE



PROGRAMMES & SERVICES

CHILDREN

IPEAK

In April 2016, the Literacy Centre was officially renamed iPEAK, which stands for Intervention and Psycho-Educational Assessment for Kids. iPEAK is an aggregation of intervention programmes and services to help children overcome their learning difficulties so that they can cope with formal education. These include: the Literacy Intervention Programme; the Mathematics Intervention Programme; the STAR Programme; and, Psychological Services. With proper intervention, children with learning difficulties can also have the opportunity to declare that they can "peak" in their studies in school. It is a joy to hear them declare, "I peak!" Hence, the name iPEAK reflects more accurately the specialised services made available to the community.

IPEAK'S MAKEOVER

The vibrant and lively colours in the newly renovated iPEAK (formerly known as Literacy Centre) have brought along with them a breath of fresh air to the start of 2016. As students began a new chapter of their learning journey with us, many were pleasantly surprised by the centre's transformation.

Together with that transformation is iPEAK's theme of the year: "metamorphousthe", a Greek word, which, in English, means "be transformed by the renewing (of the mind)".

Spanning two units, the newly renovated iPEAK has nine classrooms. It also has four extra rooms for counselling and psychological testing purposes, which can further be transformed into classrooms whenever needed.

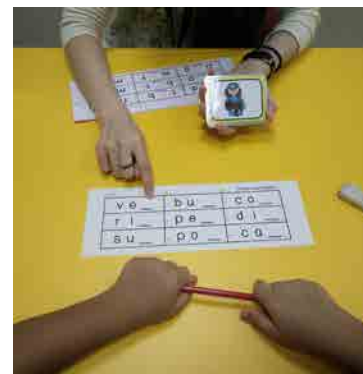
Gone are the days when only a few classrooms could accommodate an ever-increasing number of students.



Gone also are the days when students had to jostle for space in the narrow corridors during a crowded day. Not only are the classrooms now more spacious, but the hallways and the reception area are also wider and larger than before. Noticeboards with common sight words, words of encouragement and other fun facts are also placed along the corridors to provide a language-rich environment.

The secure, child-friendly environment is now more conducive to learning as all classrooms have been fitted with newer and more modern furniture. Even though it has been half a year since classes at the centre have begun, it is still not uncommon to see students gawk at the new wall-mounted glass boards, which had replaced the traditional white ones. Many students have also pointed out that the cabinets are bigger than before and that the coloured tables are more visually inviting for them to work on.





Likewise, parents have only positive things to say about the centre's transformation.

'The centre looks brighter and more spacious. I believe these changes will encourage and motivate my son to learn more while he's here,' said one parent.

On 20 May 2016, the staff of iPEAK had the privilege of welcoming the CEO of NCSS, Mr Sim Gim Guan. Apart from a PowerPoint briefing, Mr Sim and his colleagues were also given a tour of the newly renovated centre. Three classrooms were transformed into galleries to showcase resource materials used for STAR, Mathematics Intervention, and Literacy Intervention. Posters that were on display gave our visitors a clear understanding of the various approaches and goals of the different programmes

The transformation of the centre can only be achieved by the support of all staff and clients. It is precisely this spirit of community and love, which MCYC embodies, that has enabled iPEAK to continue providing high-quality literacy, mathematics and behavioural intervention programmes to children with learning difficulties and socio-emotional challenges.

By Jovian Wong
iPEAK's Literacy Intervention Teacher

LITERACY

The Literacy Intervention Programme helps students cope and remain in mainstream schools, and reduces the risk of juvenile delinquency in their later years. The literacy intervention teachers, who are trained in the Orton-Gillingham approach, help bridge the gaps in literacy skills of mainstream school students with learning needs. The age range of enrolled students during the financial year was four to 12 years.

Its teaching staff taught 166 students during the reporting year, of which 24 have successfully graduated from the literacy intervention programme. As at 31 July 2016, 118 students were engaged in the Literacy Intervention programme. Enrolment in the next financial year is expected to increase.

These students also attended social character building programmes in November 2015 and May 2016. Their parents attended talks to help them better relate to their children, and encourage positive social character development.

MATHEMATICS

The Mathematics Intervention Programme was introduced in February 2013 to augment the work of the Literacy Programme. This programme aims to help struggling students in the mainstream schools to:

- a) establish foundation in early numeracy and basic mathematical concepts;
- b) equip them with learning strategies so they can apply mathematical skills to daily living; and,
- c) empower them to problem-solve mathematical sums with confidence.

In the financial year, 17 students have been helped, of which six have graduated from this programme. As at 31 July 2016, nine are currently engaged in the programme. The ages of enrolled students during the financial year ranged from five to 11 years.

The Mathematics Intervention Programme is based on the Concrete-Pictorial-Abstract Approach, also known as the CPA Approach. This approach helps students to understand a concept better by going back and forth between three representations. In the CPA Approach, children first experience a concept in the concrete form, for example using objects. Teachers then present pictorial examples and link them to the concrete form before applying them to the abstract questions. Studies have shown that this method is effective, especially for children with mathematical difficulties.

At MCYC, children have many opportunities for multisensory and experiential learning. Lessons are not restricted to the classrooms. They are also taken outdoors to learn how mathematics can be applied in daily life. It has been observed that children not only enjoy experiential learning, but they are also more engaged and participative in the activities. The experience will increase their interest towards mathematics and help them retain an understanding of mathematical concepts. Learning early numeracy skills and mathematical concepts are made much easier, more fun and meaningful for learners at our Mathematical Intervention Programme.

PSYCHOLOGICAL SERVICES

Our team of psychologists provide screening, assessment and intervention programmes for children with developmental and behavioural issues. Early detection and intervention help children improve their functioning, especially in schools, as well as reduce the possibility of them being marginalised. These children, aged between four and 16 years, are typically referred to MCYC by their schools, hospitals, other VWOs or the community.

Psychological assessments are conducted for children and youths in the areas of cognitive assessment, achievements assessments and Attention Deficit/Hyperactive Disorder. For children who do not have a psychological report or are not in need of a full psychological assessment, screening is done prior to enrolling them into appropriate intervention



programmes. Our psychologists and therapists assessed and screened 32 children and youths during the financial year.

In addition, our psychologists spent over 170 hours screening about 230 students using standardised normed tests to monitor students' progress on the literacy intervention programme. The students' progress in reading, spelling at single word level as well as their receptive vocabulary knowledge is measured every six months.

STAR

The STAR behavioural modification intervention programme aimed to help four to 12 year old children with challenging behaviours. This specialist intervention programme seeks to help children cope with their challenging behaviours, inattention/impulsive issues, social and emotional difficulties. It also strives to equip parents with positive parenting skills in managing their children's challenging behaviours at home and in other settings. STAR helped a total of 31 children and their parents in the financial year with 16 children still enrolled in the programme. This programme is expected to grow in the next financial year.

FEUERSTEIN INSTRUMENTAL ENRICHMENT (FIE)

Feuerstein Instrumental Enrichment (FIE) is an approach which taps onto underlying cognition required for any task with a set of carefully-developed tools. It aims to develop and enhance cognition with the help of the tools and Mediated Learning Experience (MLE). The theory of MLE purports that effective learning should occur in the presence of a mediator (e.g. a parent or teacher) who bridges the child and what is to be learnt. Professor Reuven Feuerstein, founder of FIE, identified universal

cognitive deficits which require mediation to be developed and enhanced. These universal cognitive deficits have been observed in children with developmental disorders, such as Attention Deficit Hyperactivity Disorder (ADHD). Thus, it is believed that through this approach, our therapists will be able to build up a child's cognitive deficiencies through FIE.

At iPEAK, the STAR Behavioural Modification Programme provides therapy for children with challenging behaviours. One of the tools employed in therapy is the FIE tactile tool; a child is blind-folded and presented with the tool – the child's task is to describe what she/he feels and then identify shapes, quantity and positions. This process of exploration helps to regulate impulsivity and purposefully engages the child to attend to the stimulus presented.

Why do we choose to employ these tactile instruments for therapy?

FIE-tactile is a multisensory approach that can help learners reorganise given information in a systematic and meaningful way through touch; it also provides an alternative sensory modality to receive and organise information accurately and purposefully. FIE-tactile is intentionally used on children with profiles such as these:

- A) children who are impulsive and disorganised, causing them to miss out on important information and clues.
- B) children who have difficulties filtering out irrelevant information from relevant ones, thus causing them to produce inaccurate responses or wrong answers.

Who will benefit most from this approach?

Children with ADHD and/or Attention Deficit Disorder (ADD) as well as people with under-developed executive functioning skills.

Local research says...

One in 20 children in Singapore is found with ADHD. It is a neuro-developmental disorder characterised by inattention, hyperactivity and impulsivity. Due to its persistence and prevalence across one's lifespan, it is considered by the World Health Organisation (WHO) as a public health issue. The Ministry of Health (Singapore) reported in 2010 that ADHD is the 4th most debilitating disease among Singaporean adolescents up to 14 years old, affecting their academic and social development. ADHD highly co-exists with other psychological disorders such as Oppositional Defiant Disorder, Conduct Disorder, Learning Disorder, Anxiety Disorder, Depression and substance abuse.

According to the department of neonatal and developmental medicine (Singapore General Hospital),

the development of a child's attention occurs in three stages: in the first stage, a child learns to focus on a single stimulus while tuning out the rest; in the second stage, a child learns to switch attention rapidly between stimuli; and, in the final stage, a child learns to self-regulate the inclusion or exclusion of stimuli, which is necessary for learning in a classroom. The inability to successfully move on from the second stage is due to underdevelopment/ impairment of the areas in the brain associated with focusing, planning and organization, resulting in ADHD. Conversely, short attention span among children below the age of seven is commonplace and the ability to sustain attention takes time to develop from then on.

How does FIE-tactile help children with ADHD?

FIE-tactile serves as a tool to assist children with adhd/add (i) to focus, (ii) to organise, and (iii) to sort, when they are exploring new information. It builds up a mental library of images where language expressions may be undeveloped or impaired among these children, or when the information is abstract.

It also trains children with ADHD/ADD to ignore irrelevant information, to be precise, as well as to conceptualise what they have learned with mental representation.

In addition, it can also motivate them to learn as they are given an additional or alternative way to learn.

What recent research says...

In recent research, a team of psychologists noted a list of cognitive deficits developed by Professor Reuven Feuerstein present in children and adolescents with ADHD in relation to reading facial expressions of others and self-regulating emotions. The preliminary results of this research is that MLE with the use of FIE tools have significantly helped these children to accurately identify facial expressions of others and self-regulate emotional responses.

So what do we do?

In STAR@mcyc, children are required to perform some given activities according to a set of rules. These activities work on the cognitive skills such as problem-solving, analytical thinking and logical reasoning. The FIE materials are called "instruments" which are mostly content-free. Each instrument focuses on a specific cognitive function. The pages in the instruments gradually increase in abstraction and complexity. Thus, the aim is that by using these activities, students develop strategies such as to self-regulate their behaviours and to problem-solve,

which are essential and applicable in their daily lives. The nature of the STAR treatment plans is individualised and highly customised due to the dynamic nature and uniqueness of the challenges our clients face. Besides the FIE tools, STAR@MCYC is a dynamic programme which allows the use of a wide range of manipulatives to modify the cognitive structure of a child with ADHD and other challenging behaviours, depending on the language repertoire of the child. With that, STAR@MCYC seeks to bridge the gap between learning, behavioural and socio-emotional development of every child that is on this unique and specialised intervention programme.

KIDS CLUB

Kids Club is a subsidiary outreach programme of iPEAK. Its purpose is to give children in the community more opportunities to use the English language in their communication, to learn good moral values and to strengthen their socio-emotional skills.

In the reporting period, the Kids Club's activities included participation in workshops by RI students during their work attachment, Lantern Making Workshop by Esplanade, Sentosa Gives 2015, Barclays' Children's Day Sports Day, The Good Dinosaur Movie Screening, Art and Craft session by Oakwood and SHATEC Culinary Exposure by Tan Chin Tuan Foundation. In-house workshops which included topics such as Study Skills, Kite-making, Science Discovery and fractions were also conducted for the students.

Since April 2012, the iPEAK started the KidsREAD programme, which is part of a nationwide reading programme that promotes the love for reading and cultivates good reading habits among young Singaporeans, in particular children from low-income families. KidsREAD targets children from four to eight years of age.

Kids Club and KidsREAD conducted 76 programmes, with a total of 1086 participants during the reporting period. These programmes remain volunteer-driven with a total of 626 volunteer participations. Our beneficiaries benefitted from and enjoyed these 98.5 hours of Kids Club programmes in the financial year.

AN OVERSEAS LEARNING EXPERIENCE REPORT FROM OUR IPEAK STAFF

During the mid-year school holidays, a team of therapists from iPEAK headed back to the classrooms. Their purpose was to acquire new skills to better support children in need of learning assistance. Four therapists attended the 37th Feuerstein Instrumental Enrichment Summer Workshop held in Prague, Czech Republic.



The team who attended the Summer Workshop signed up for the FIE Basic and Standard course, which trained parents and therapists who are working with children from three to eight years old for the Basic course and nine years and beyond for the Standard course. All of them reported that they had an enriching and fruitful learning journey. One iPEAK therapist signed up for the Learning Potential Assessment Device (LPAD) and she was inspired to share her personal learning journey with us.

A Personal Journey

The two-week workshop I attended in Prague, Czech Republic, is called Feuerstein Instrumental Enrichment: Learning Potential Assessment Device (LPAD). LPAD is a type of dynamic assessment where the assessor is not charting an individual's level of performance; instead, it evaluates the individual's potential cognitive growth. This aspect of the workshop was a pull-factor for me. I signed up in the hope that it could provide me with an alternative way of assessing and understanding how children think and reason.

This was my fifth time attending Shores International Workshop, and I must say it was one of the best. It was a humbling experience for me to learn from the trainers and others who were from diverse cultures and professional fields. It was encouraging and inspiring to know that we face similar struggles in spite of geographical differences, and that none of us is ready or willing to give up on any children we work with. One of my takeaways is a renewed passion for my work with the children back in Singapore. As the



saying goes, "Iron sharpens iron, so one man sharpens another". This aptly describes my learning journey for the Shores International Workshop. I am very thankful that MCYC has sent me for this overseas workshop as it was such a fruitful and refreshing time of learning for me.

What is LPAD?

Learning Potential Assessment Device (LPAD) is an assessment procedure which focuses on the learner's learning potential rather than the learner's current level of performance. It consists of a battery of 11 testing tools/instruments that is based on the theory of Structured Cognitive Modifiability (SCM) which purports that intelligence is dynamic and modifiable, not static or fixed.

These testing tools are process oriented. It enables an assessor to evaluate and identify a learner's cognitive functions and reason skills. It seeks to assess which cognitive functions of the student are developed or emerging as well as the cognitive functions that are lacking or weak. In short, it helps to identify how a learner thinks rather than how well the learner performs in the tests.

The other factor of LPAD is that learners are compared only to themselves at different times and in various conditions as oppose to comparing their performance with their peers or age norm. The results of the assessment are used in recommending a treatment plan or a course of psycho-educational

and behavioural intervention. This intervention is offered in iPEAK's STAR programme.

Knowledge and Skill Learned

The workshop emphasised the importance of assessing the individual's potential and capacities for growth and positive change. This is especially important for psycho-educating the children and parents with whom I work to raise awareness of their propensity for growth and change. This can be done through exposure to positive experiences.

For example, negative mindsets such as failure, can be re-defined. Failure is when we do not try for fear of making mistakes/errors. It is not about getting a failing grade in school; rather, it is when one does not try or has given up trying. When appropriate support and guidance are rendered, children can perceive the possibility of change in themselves. They can learn to be resilient and persevere. They can also learn from mistakes.

The training also taught me that the nature of LPAD is interactive when interaction occurs between learner and assessor. As a result, three types of transformation can take place simultaneously. They are:

- a) transformation of the stimuli;
- b) transformation in the learner; and,
- c) transformation in the assessor.

Instead of a top-down approach, this becomes a parallel one. Unsurprisingly, this insight has caused a paradigm shift (a change of mindset) in me: It is crucial to explore with the child and guide them to discover their potential and talent. It is no longer an "I tell you what to do" approach (top-down) but a parallel one where we explore with the child to see what is needed for the given task. In doing so, the autonomy of the child can be empowered. Furthermore, the assessor plays an active and critical role as the quality of cognitive and behavioural change in the child is related to the quality of the assessor. This keeps me on my toes and constantly moves me out of my comfort zone in my work with children.

In summary, I can foresee children benefitting from LPAD as much as I have reaped a harvest from it. And though the theoretical part of the training has ended, the learning has not. It will definitely be an exciting journey where learning can and should occur beyond the four walls.

By Ann Chiam
Senior Intervention Specialist

STUDENT CARE CENTRES

MCYC manages two Student Care Centres located at Anglo-Chinese School (Primary) and Bukit View Primary School. Staff members provide after-school care for students whose working parents are unable to be at home to look after them. Staff members and volunteers help students in their studies as well as provide wholesome activities to engage them.

As at 31 July 2016, enrolment numbers for Anglo-Chinese School (Primary) and Bukit View Primary School are 79 and 166 respectively. There were 941 volunteer participations at the Student Care Centres.





STORIES & TESTIMONIES



Five years ago, my son Linus was referred to MCYC for their Literacy Intervention Programme because he had considerable difficulties in literacy and was lagging behind his peers. He had to attend sessions twice a week. At the beginning, he resisted attending classes by crying and refusing to cooperate. However, the staff at the Centre was encouraging and never gave up on him. They would calm him down, and that could take half an hour.

As for me, I worked towards a partnership with just about anyone who could help bring out the best in him. I prayed and asked God to show me the way. It was not easy but on this journey, we were blessed that Linus has shown so much improvement. He is now able to spell and read through the Literacy Intervention Programme, which uses the Orton-Gillingham approach. Linus has benefitted so much from attending classes at iPEAK; he has become more resilient in facing challenges and is now more open to sharing his problems with me.

Not only does iPEAK teach children literacy skills, but they also organise other activities such as excursions and workshops under Kids Club. They also conduct social-character building classes to teach children values and social skills. It is through this community of support that Linus gets to learn and grow with kids that face similar learning issues. I have also met other parents in iPEAK, and as we share about our struggles, we also encourage one another.

Linus and I have also benefitted from the screenings that take place once every six months, as it keeps us informed of how to help support Linus on his learning journey. When I face any difficulties or doubts, I can approach the staff at the Centre, and they always take the time to help me. Sometimes, if you look at children with learning needs, they do teach us more than we teach them. Why do I say so? It is only through my dear son that I have learnt to give unconditional love, let go of our worldly expectations, and look at the process and not just the end results.

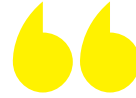
Thank you, MCYC and the wonderful staff at iPEAK, for your unwavering support."

Mrs Yong (Right), Linus' Mummy



It is indeed a blessing to have a Student Care Centre within the school compounds. For almost six years, I have always been assured of my son's safety, convenience and overall welfare. As a working mother, I have also benefitted from MCYC's Student Care Centre staying open during school holidays, when meals and activities are catered for. Thank you so much, MCYC! Keep up the good work!"

Mrs Lena Soo, Parent of Samuel, ACS(P) student



I feel that volunteering with MCYC's Student Care Centre trains my patience with children. During study time it can be difficult to get their attention, and trying to explain things to them (when they just want to complete their homework without understanding it) is also fruitless. But when they do listen and are able to explain the concepts back to me, it gives me a sense of accomplishment. I then realise that teachers play a really big role in the learning lives of students and that we should always strive to let the students stay curious."

Bernice Teo, Volunteer



I discovered MCYC Community Services Society through the SGCares volunteering portal in 2013 and started volunteering with them in their 'Say No to Gambling' roadshows in schools. I was also involved in their after-school care at one of their Student Care Centres during the school holiday to help with the children's homework. As I believe that reading is important to a young person's development, I went on to be trained as a KidsRead volunteer. Through MCYC's regular volunteer emails, I found out that MCYC has a kidsREAD club under iPEAK. I have been with them for a year now, and I enjoy my time with the children despite the challenges of getting to know a child and motivating him or her to read with me. The experience is very enriching as it requires patience, empathy, and most importantly, respect for the child. At KidsRead, we encourage the children to share their life experiences. It could be as simple as what they saw and felt during a recent family outing. We encourage them to befriend and read to one another. Reading is more than recognizing the words on the pages as it requires the child to personally relate to the story. Therefore, we try to make the story come alive to spark their imagination. We hope that through this process the children can develop a love for reading."

Mr Tan Swee Chiew, Volunteer



YOUTH & FAMILY WELFARE

The Youth and Family Welfare Department (YFWD) helps at-risk Children and Young Persons (CYPs) with a range of programmes and services and engages their family to be part of the intervention process. Apart from in-house programmes and services, YFWD also works on programmes and services that are outsourced by the Ministry of Social and Family Development (MSF). YFWD also runs a Youth Outreach Centre at Blk 107, Bukit Batok West Ave 6.

IN-HOUSE PROGRAMMES AND SERVICES

CHARACTER DEVELOPMENT PROGRAMME

YFWD planned and conducted weekly Character Development Programmes at the Student Care Centre in Bukit View Primary School from February to December 2015. From 1 August to 29 December 2015, 178 students attended this programme weekly and learnt the values of integrity, innovation and perseverance.



From 15 September to 27 October 2015, YFWD also trained some of the teachers from the two Student Care Centres on how to formulate lesson plans. Five staff from Bukit View Primary School and two staff from Anglo-Chinese School (Primary) participated in the training over five sessions.

SOCIAL CHARACTER BUILDING PROGRAMME

During the parent-teacher conference held half-yearly, the students of iPEAK attended social character building programmes conducted by staff of YFWD.

Ninety students from iPEAK attended the programme on "Feelings", which was conducted from 7 to 14 November 2015. From 28 May to 4 June 2016, 99 students attended another programme on "Responsibility".

PART-TIME SCHOOL COUNSELLING

From March 2014 to November 2015, a Counsellor from YFWD provided counselling to the students at Bukit Panjang Primary School. This was at the request of the school. The service was provided once a week in the school and a formal report was submitted for every case to document the progress of the client. From 1 August to 11 November 2015, the Counsellor engaged eight students over 33 sessions. The school gave favourable feedback on the counselling services provided over the last two years. However, the contract was not renewed in 2016 because the school had employed a full-time school counsellor.

YOUTH GAMBLING PREVENTION TRAINING

YFWD conducted the fourth run of the Youth Gambling Prevention Training for Youth Counsellors on behalf of the National Council for Problem Gambling. Twenty-one participants attended the training on 29 and 30 October 2015. The training aimed to:

- Help participants to understand the issue of problem gambling in youths, and
- Equip participants with the relevant skills to conduct the Youth Gambling Prevention workshop for students.

COUNSELLING

In the reporting period, there were a total of 17 centre-based cases seen for counselling with issues such as low self-esteem, poor social skills, bullying, parenting and other socio-emotional issues.

INDIVIDUAL POSITIVE PARENTING PROGRAMME (TRIPLE P)

Triple P is an evidence-based parenting programme backed by over 30 years of clinically-proven research. It is both a preventive as well as an interventive programme that equips parents with a variety of strategies in managing their children's misbehaviour.



During this period, seven sessions were conducted for one couple and one mother.

PROGRAMMES AND SERVICES OUTSOURCED BY MSF

BEYOND PARENTAL CONTROL (BPC)

CYPs brought to the Youth Court for beyond parental control complaints are those below 16 years old and display behavioural problems in school and/or at home. As a last resort, the parents apply to the Youth Court for assistance in managing them. YFWD conducts the investigations and makes recommendations to the Youth Court. In this reporting period, YFWD conducted 35 BPC investigations.



THEFT INTERVENTION PROGRAMME

YFWD has been contracted by MSF to run the Theft Intervention Programme (TIP) since 2005. TIP is a specialized group treatment programme developed by MSF (Clinical and Forensic Psychology Services) for youths who have committed theft offences. The aims of the programme are to address the attitudes, values and beliefs that support theft behaviour, and to equip youths with relevant skills to stop offending. In the reporting period, a total of 13 youths from the Probation Services Branch and Singapore Girls' Home attended TIP.

FUNCTIONAL FAMILY THERAPY

Functional Family Therapy (FFT) is a short term intensive counselling service provided for the probationers and their family in collaboration with MSF. Developed in the United States, it is an empirically supported and highly

successful family intervention for delinquent and substance-using adolescents. The FFT model has been replicated successfully in juvenile justice, mental health, and child welfare settings, as well as traditional substance treatment and school-based programmes.

FFT is a strength-based model that systematically alters significant risk and protective factors that impact the adolescent and his or her environment. On average, 12 sessions are conducted over a period of three to four months for each case. The flexibility of this model allows the FFT therapist to bring the model to any family setting to increase engagement, retention and positive change. To date, MCYC has one trained FFT therapist and has served 14 families since Nov 2014.

SUPERVISED ACCESS

YFWD provided supervised access services to 24 families totalling 246 sessions or 417 hours during the reporting period. This service allows CYPs who are not living with their natural families to maintain contact with them in a safe environment. It also helps to build attachment and facilitate positive interaction between the CYPs and their families, with the hope of them eventually returning to their family.

YOUTH OUTREACH CENTRE

Operating since 25 February 2013, the Youth Outreach Centre caters to community youths between 12 and 17 years old. It provides a supervised and fun environment for youths to interact and build friendships with peers and youth workers. The Centre also conducts meaningful programmes to help them grow into well-rounded individuals. These include regular activities and events that focus on building character, imparting life skills and developing self-management skills. The Centre operates from 2:00pm to 5:30pm every weekday except Wednesdays.

In February 2016, a revamped membership system was implemented. A credit system was put in place and members now need to earn credits through participation in regular activities and events. These credits can be redeemed for usage of the Centre's facilities and other prizes. While the new system has resulted in a significantly lower participation and membership rate, it has allowed the staff to work more intentionally and effectively in the lives of the current members.



Between 1 August 2015 and 31 January 2016, there was a total of about 90 youths who participated in the programmes offered at the Youth Outreach Centre. Since 1 February 2016, there are 30 members.

Starting from 1 August 2016, the Youth Outreach Centre will also be initiating a Youth Grant scheme for youths from under-privileged families. The scheme will provide financial aid to these needy youths and allow Youth Outreach Centre staff to work in their lives more closely.

The following events were organised for the youths between 1 August 2015 and 31 July 2016:

- National Day Carnival (5 August 2015)
- Rock Climbing (24 November 2015)



- Youth Centre Amazing Race (10 December 2015)
- X'mas Party (17 December 2015)
- Cycling @ West Coast Park (27 February 2016)
- Survival Race @ Suntec (16 March 2016)
- Giving Hope @ SPCA (27 April 2016)
- Laser Tag & BBQ (8 June 2016)

The Youth Outreach Centre has continued its focus on organising regular features in the Centre every week. Each regular feature is meant to help youths grow and develop in character and life skills. The regular features are as follows:

- Movie Screening (every alternate Monday)
- Sports Day (every alternate Monday)
- Study Time (every Tuesday)
- Special Interest Group (started in January 2016, every Thursday)

MOVING FORWARD

Presently, MCYC is reviewing the programmes and services to concentrate more skill-based work. Focus will also be sharpened to help children and youth to remain engaged within their families despite facing challenges. MCYC believes that family environment is still the best for promoting holistic development of children and youths.



STORIES & TESTIMONIES



Going to the MCYC Youth Centre (YC) has been really fun and enriching for me, and I look forward to visiting YC at least once every week. One of the highlights is the 'Special Interest Group', held every Thursday afternoon. During the 'Special Interest Group', we play basketball with the workers at YC and other YC members. During these sessions, a friendly worker at YC, Ms Christine, taught us different basketball techniques and drills, which we got to practise every week. I like these sessions because the practices help me to aim and shoot better. It was so rewarding whenever I could score a point because this was something I thought I could never achieve. This, in turn, helped me become more confident of myself.

One lesson that I took away during the basketball sessions was the importance of teamwork. Ms Christine taught us not to hold on to the ball because it would be snatched by an opposing player or our shots would get blocked. She said that we needed to pass the ball to our teammates and work together with them in order to score. It is enlightening to me because I realised that alone I can only do so much. However, if I am willing to cooperate and pass the ball to my fellow teammates, we will find more opportunities to score."

Alex, Member of MCYC Youth Centre



Being a part of the Youth Centre has taught me the importance of patience and perseverance, especially when results are not immediately evident.

The past year of running the Youth Centre contained many ups and downs. Towards the end of 2015, it was bustling with a daily average participation rate of over 10 youths and a high of about 20 youths on 'good' days. However, the staff team felt that the high number of youths and the lack of a system to motivate them to participate in our character-building activities limit our ability to work with them on a deeper level, as many of them merely treated the Centre as a place to hang out rather than a place of growth.

As a result, we decided to incorporate a credit system in February this year, where Youth Centre members were required to participate in activities in order to use our facilities. The change caused a drastic drop in participation rates, and although that was initially expected, there were highly discouraging periods of a few days at a time with little or no youth participations. Thankfully, after the launch of the Youth Grant scheme in August, there has been a return of regular participation on a daily basis. The new system has also allowed the staff team to play a greater role in the development of the youths, and we are truly blessed to witness many of them growing in their thinking processes, confidence and social skills."

Mr Luke Yan (Right), Programme Executive (Youth Outreach Centre)



FOSTERCONNECTIONS@MCYC

MCYC was appointed by MSF under a three-year pilot to set up a fostering agency. This fostering agency, called FosterConnections@MCYC (FC@MCYC), started operations on 1 September 2015. Its office is at Blk 153, Bukit Batok Street 11, #04-284, Singapore 650153. One of the main objectives is for the fostering agency to broaden outreach and recruitment efforts to more foster parents and raising awareness on the need for fostering.

Since its commencement, FC@MCYC has been actively recruiting new foster parents and volunteers through roadshows; tea sessions; setting up of booths at community events; and, using social media and newsletters to reach out to the community-at-large. In the reporting period, FC@MCYC held nine information sharing sessions, set up eight booths, and ran four roadshows and three tea sessions. The fostering agency received 354 forms from individuals expressing interest in knowing more about the

Fostering Scheme. Seventeen individuals applied to become foster parents and 78 individuals applied to become volunteers under the Fostering Scheme.

In addition to recruitment, FC@MCYC works closely with foster parents and foster children to ensure smooth integration of the children into their foster families. Social Workers from the agency provided essential case support, along with a holistic range of practical services to foster families and foster children through home visits and other activities. They also enhanced the capability of the foster parents by equipping them with skills and knowledge according to the needs of the foster CYPs.

Currently, FC@MCYC has 71 foster children under the care of 39 foster families. It aims to recruit more foster parents and volunteers to augment its foster services.





STORIES & TESTIMONIES



FC@MCYC was introduced to us when we had a change of Social Worker from Foster Care Officer (MSF) to Ms Sarah Wong (MCYC) in September 2015. This was when we found out that MCYC is not just a place or an organisation but offered extensive services such as counselling, conducting of parenting programmes and a place where you can seek help or advice.

Ms Sarah is a dedicated and approachable social worker whom I can count on when I need a listening ear. The regular home visits conducted helped to build a stronger relationship between us. When we are faced with urgent issues, we would usually get a very quick response from her. It is very reassuring as a foster parent to know that she is always there for us. She would also constantly remind us to attend trainings whenever possible or when there are scheduled parenting trainings/workshops. We have benefited from attending these workshops by MSF conducted at Social Service Institute (SSI) and we now know how to better manage these tricky situations.

It helps that we can always get the necessary help from our officers as it makes us feel supported as a foster parent. We are glad to be associated with MCYC and we truly appreciate their service to us and the community."

Mdm Siti Raziah, Foster Parent



Assigned as Kenneth's Family Supporter by FC@MCYC, I would meet him for about two hours weekly. I was initially very nervous as I was unsure whether Kenneth and I could get along. The social worker, however, assured me that they had paired me with him as they felt that we had many common interests. True enough, we were able to get along very well. Each session, we would chat a little about his hobbies, and I would then help him with his school work.

Kenneth has very low confidence in his abilities, especially in his studies. It was only recently that I found a way to teach him methods to verify his work in order to gain confidence in himself. It worked; and my greatest reward was to see him smile with confidence, knowing with certainty that his assignment was correct.

I'll say that it has been quite a rewarding challenge being a "big brother" to Kenneth. Perhaps part of the challenge comes from being inexperienced with interacting with children, and perhaps another part comes from having to figure out methods that would work for him. Although it has only been six weeks, I feel that I've matured a lot through my interactions with him. Having him in my life has been a profound change, because I now see myself as being responsible towards someone, and as someone that he can look up to as a role model.

I'm glad I signed up to be a Family Supporter!"

Mr Sim Yeow Huat Jonathan (Right), Volunteer
(Foster child's name has been changed to protect his privacy.)





It has been an eventful and fulfilling seven months since I joined MCYC in March 2016. Here at FC@MCYC, we serve to recruit, train and support our foster parents in their endeavor to better the lives of foster children.

As the Recruitment Officer, my work revolves around planning and execution of recruitment events, and assessment of foster parent applicants. I had the opportunity to work closely with people from all walks of life. Through the interviews conducted with some of them, it is heartening to know that there still are many people out there who care enough to open their hearts and doors to this vulnerable group of children. These children are disadvantaged because of their family circumstances and may not have a safe loving home to call their own. However, I do believe that every child deserves a loving home, no matter what background they may come from.

Every effort we put into recruiting a loving foster family will go a long way in making a difference to the child's life. It takes a village to raise a child and I am proud to be a part of this 'village'."

Georgina Ng (Right), Recruitment Officer, FC@MCYC



HOMESWEETHOME@ADMIRALTY

MCYC has operated this Therapeutic Group Home since July 2013. The Home, named HomeSweetHome@Admiralty (HSH@Admiralty), is located in Sembawang. This treatment Home uses Trauma Systems Therapy as the treatment model to help children who display severe behavioural problems, having experienced complex trauma and attachment issues. Since April 2015, the Home's operation expanded into the neighbouring units in order to increase its capacity to 15 children.

Since inception, eight children received treatment and have been discharged from the Home. Presently, there are nine children residing at the Home for treatment.

On Friday, 13 November 2015, Minister for the Ministry of Social and Family Development, Mr Tan Chuan-jin, visited HSH@Admiralty. The children were welcoming to the Minister and were relaxed in his presence. He also talked with some of the staff of the Home. The visit ended with the Minister's encouragement to staff for the good work done.

In January 2016, the Home received two consultants from Kaw Valley Centre (KVC), Kansas, for two weeks of consultation and training to enhance trauma-informed care and trauma-informed system at the Home. This was in partnership with MSF. MCYC has also sent eight staff to KVC Kansas for learning trips in August 2015 and July 2016.

In June 2016, HSH@Admiralty scored well in MSF's audit requirements of running a residential facility and was issued with a 2-year licence to operate for the fourth and fifth year.

On 16 August 2016, Mr Chew Hock Yong, the Permanent Secretary, and some senior staff from MSF visited the Home. They were briefed on Home's operation, toured the premises and interacted with the residents.





STORIES & TESTIMONIES



I did my social work internship with HSH@Admiralty and I would like to share my experience. In my two months of internship, I learnt about the challenges faced by children with trauma history and their caregivers. The children need plenty of attention and care, which is provided in the Home. HSH@Admiralty uses positive reinforcements and praises to teach new behaviours that create a nurturing and supportive environment for the children. The staff at HSH@Admiralty also form a therapeutic relationship with the children and teach them coping strategies to manage their emotions. I am impressed by the work done to protect the children and having their best interests in mind. I'm thankful for the opportunity to do my internship with HSH@Admiralty."

Jeremy Kiu, Social Work Intern (UniSIM) and Programme Executive (SCC@BVPS)



'Hi, I'm Shawn and I work at HSH@Admiralty, a home for traumatised children.' This introductory phrase never ceases to draw attention whenever I am asked to introduce myself. With HSH@Admiralty being a pioneer of therapeutic group homes in Singapore, I am always proud to tell others more when they ask about what I do.

The work environment is beautiful. I remember being blown away when I first saw the premises; tucked away in a quieter part of Singapore and surrounded by the tranquillity of nature. It was easy for both the children and I to call it home.

My primary job involves taking care of the children daily necessities, mentoring them, and assisting them to form secure attachments. Though they can be a joy to be with, at times, they may 'act-up' due to triggers from their trauma history. (I am unable to elaborate due to confidentiality reasons.) The child's outbursts could range anywhere from cursing to becoming physically aggressive, which can push anyone looking after them to his/her limits. But it takes both rain and sunshine to make a rainbow; and the feeling is priceless when you see the growth in each of these children."

Shawn Yeo (Left, in t-shirt), Residential Care Worker





ADMINISTRATION

In November 2015, the entire Administration Department moved to its new premises at Blk 153, Bukit Batok Street 11, #04-284, Singapore 650153. Renovation on the premises was carried out between August to October 2015. In addition to the new premises, the computer server was upgraded and a new telephone system was installed. These major upgrades were much needed as the administrative facilities located at Blk 106, Bukit Batok Central, #01-217, Singapore 650106, were 12 years old.

The premises at Blk 106 are released for the expansion of iPEAK programmes and services.

COMMUNITY RELATIONS

PROGRAMMES AND EVENTS

In the reporting period, MCYC organised a number of social events aimed at fostering family ties as well as reaching out to the community.

Annual Bursary Award 2015

MCYC held the Annual Bursary Award ceremony on 25 November 2015 at Bukit Batok Community Club. This is in partnership with the Outreach and Social Concerns Committee of Barker Road Methodist Church (BRMC). These bursaries were given to deserving students from low-income families in the Bukit Batok community.

The bursaries, totalling \$25,200, were presented to 103 participants: 37 from seven primary schools, 46 from four secondary schools; and, 20 from MCYC's Literacy Centre. Primary school students received \$200 each, while their secondary school counterparts

received \$300 each. Mrs Sally Chua, Chairperson, Outreach and Social Concerns Committee, Barker Road Methodist Church was present to give away these bursaries to recipients.

MCYC Family Fun Day 2016

On 18 June 2016, the much-anticipated Family Day event was held at the Singapore Discovery Centre. More than 500 clients with family members and staff came to enjoy the event. There were fun games and delicious food for everyone to enjoy. The event promoted family bonding as a focus to life. Hence, activities were planned to provide participants and their family members opportunities to reconnect with one another with shared experiences.

Volunteers

Volunteers play a critical role in supporting MCYC's programmes and services. Volunteers were deployed based on their availability, interest, inclinations and preferences. Their involvements were in ad-hoc, short- or long-term activities.

In the reporting period, there were 2760 volunteer participations. Generally, the volunteers helped in various roles to facilitate community events; ran school holiday programmes at the two Student Care Centres; supported the KidsREAD programme at iPEAK; and, tutored primary school pupils at HSH@Admiralty.

Newsletters

To keep our stakeholders informed of MCYC's developments, our newsletter, News@MCYC, was published in October and December 2015, and February and May 2016.







STORIES & TESTIMONIES



The Family Day organised by MCYC, I felt, was such a nice initiative to get families to spend time together, especially knowing that quality time with family is important for children. It was lovely to see children and their parents bonding through games. Witnessing their smiles and laughter was one of the treasured memories as I stood in charge of the game booth.

Through my small interactions and observations, I learnt that each child comes from a different family background, and should we find ourselves in a position to help, no matter how seemingly small the role, we should, because the smiles on their faces are priceless."

Sia Jingyun Erna Sharida, Volunteer



I feel that the (Family Day) event had definitely achieved its objective of fostering community spirit and promoting bonding in families. This event was fun and engaging for both children and adults. Even as a volunteer, I felt really glad to be part of the success of this event. I would also like to thank Xue Wei as well as other volunteers who took care of my friends and me by constantly asking us whether we wanted any food or drinks. I would definitely join in to volunteer for similar events organised by MCYC in the future."

Winnie Ho Yi Xuan, Volunteer



FINANCE

Financial Statements

Total income and total expenditure for the financial period amounted to **\$5,596,539** and **\$5,114,484** respectively, resulting in a surplus of **\$482,055**.

The accumulated fund stands at **\$1,960,097**.

The audited financial statements for the financial year ended 31 July 2016 are available in the Annex.

Reserve Policy Fund

In Nov 2013, the Society established a Reserve Policy Fund, the purpose of which is to accumulate over a ten-year period excess funds equivalent to six months operating expenditure so as to provide for unexpected future working capital requirements. As at 31 July 2016, this Reserve Fund is represented by the fixed deposits of \$700,000. On September 2016, the Reserve Fund has been approved by Management Committee to increase to \$1,000,000.

President's Challenge

MCYC was selected as one of the beneficiaries to be supported by President's Challenge (PC). A total of \$77,000 was received on June 2016 from President's Office to defray the operating cost of MCYC's Mathematics Intervention Programme and STAR Behavioural Modification Programme.

PROGRAMME STATISTICS

S/N	Programme	Reached out to	Graduated	Hours	No. of sessions / programmes	Volunteer Participations
1	iPEAK	1562	30	269	76	626
2	Student Care Centres	245	-	Ongoing	Ongoing	941
3	Youth & Family Welfare	629	-	417	303	10
4	FosterConnections@MCYC	559	-	-	24	37
5	HomeSweetHome@Admiralty	9	-	Ongoing	Ongoing	71
6	Community Events & Others	603	-	-	-	1075
TOTAL		3392	30	732	386	2760

ANNEXE

MCYC COMMUNITY SERVICES SOCIETY

**FINANCIAL STATEMENTS
FOR THE FINANCIAL YEAR ENDED
31 JULY 2016**

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**BAKER TILLY
TFW**

Baker Tilly TFW LLP
Chartered Accountants of Singapore

An independent member of Baker Tilly International

MCYC COMMUNITY SERVICES SOCIETY

STATEMENT BY THE MANAGEMENT COMMITTEE

On behalf of the Management Committee, we, Lim Hui Beng Robert and Poon Hoh Kam, being the Chairman and Treasurer of MCYC Community Services Society (“Society”) respectively, do hereby state that in our opinion, the financial statements set out on pages 4 to 17 are properly drawn up in accordance with the Societies Act, Singapore Charities Act and Singapore Financial Reporting Standards so as to present fairly, in all material respects the financial position of the Society as at 31 July 2016 and of its financial performance, changes in funds and cash flows of the Society for the financial year ended on that date.



Lim Hui Beng Robert
Chairman



Poon Hoh Kam
Treasurer

1 November 2016

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MCYC COMMUNITY SERVICES SOCIETY

Report on the Financial Statements

We have audited the accompanying financial statements of MCYC Community Services Society (the "Society") as set out on pages 4 to 17, which comprise the balance sheet as at 31 July 2016, the statement of comprehensive income, statement of changes in funds and statement of cash flows for the financial year then ended, and a summary of significant accounting policies and other explanatory information.

Management Committee's Responsibility for the Financial Statements

Management Committee is responsible for the preparation and fair presentation of these financial statements in accordance with Singapore Financial Reporting Standards, the Singapore Societies Act (the "Societies Act") and Singapore Charities Act (the "Charities Act") and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Singapore Standards on Auditing. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by Management Committee, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion, the financial statements of the Society are properly drawn up in accordance with Singapore Financial Reporting Standards, the Societies Act and the Charities Act so as to present fairly, in all material respects the financial position of the Society as at 31 July 2016 and of the financial performance, changes in funds and cash flows of the Society for the financial year ended on that date.

**INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF
MCYC COMMUNITY SERVICES SOCIETY (cont'd)**

Report on Other Legal and Regulatory Requirements

In our opinion, the accounting and other records required by regulations enacted under the Societies Act to be kept by the Society have been properly kept in accordance with those regulations.

During the course of our audit, nothing has come to our attention that causes us to believe that during the financial year:

- a) the use of the donation moneys was not in accordance with the objectives of the Society as required under regulation 11 of the Charities (Institutions of a Public Character) Regulations; and
- b) the Society has not complied with the requirements of regulation 15 (Fund-raising expenses) of the Charities (Institutions of a Public Character) Regulations.

Baker Tilly TFW LLP
Public Accountants and
Chartered Accountants
Singapore

1 November 2016

MCYC COMMUNITY SERVICES SOCIETY

STATEMENT OF COMPREHENSIVE INCOME

For the financial year ended 31 July 2016

	Note	2016 \$	2015 \$
Income			
Donations	3	1,053,424	1,728,846
Government grants		2,672,216	1,925,350
Programme income		1,155,208	1,145,809
Sundry income		499,809	407,542
Amortisation of capital grant	10	215,882	123,174
Total income		5,596,539	5,330,721
Less expenditure			
Staff costs	4	3,882,670	3,581,382
Depreciation	7	257,685	160,670
Rent of building, equipment and others		176,598	147,138
Other operating expenses	5	797,531	573,230
		5,114,484	4,462,420
Net surplus and total comprehensive income for the financial year	6	482,055	868,301

The accompanying notes form an integral part of these financial statements.

MCYC COMMUNITY SERVICES SOCIETY

BALANCE SHEET

At 31 July 2016

	Note	2016 \$	2015 \$
Non-current asset			
Property, plant and equipment	7	887,587	597,043
Current assets			
Other receivables	8	402,886	305,593
Fixed deposits	9	1,759,331	1,010,289
Cash and bank balances		1,316,901	1,015,572
		3,479,118	2,331,454
Total assets		4,366,705	2,928,497
Non-current liabilities			
Capital grants	10	771,667	452,055
Other payables	11	80,000	—
		851,667	452,055
Current liability			
Other payables	11	1,554,941	998,400
Total liabilities		2,406,608	1,450,455
Net assets		1,960,097	1,478,042
Fund			
Accumulated fund	12	1,960,097	1,478,042

The accompanying notes form an integral part of these financial statements.

MCYC COMMUNITY SERVICES SOCIETY

STATEMENT OF CHANGES IN FUNDS

For the financial year ended 31 July 2016

	Accumulated fund \$
Balance at 1 August 2014	609,741
Surplus and total comprehensive income for the financial year	868,301
Balance at 31 July 2015	<hr/> 1,478,042
Surplus and total comprehensive income for the financial year	482,055
Balance at 31 July 2016	<hr/> 1,960,097 <hr/>

The accompanying notes form an integral part of these financial statements.

MCYC COMMUNITY SERVICES SOCIETY

STATEMENT OF CASH FLOWS

For the financial year ended 31 July 2016

	2016	2015
	\$	\$
Cash flows from operating activities		
Surplus for the financial year	482,055	868,301
Adjustments for:		
Depreciation	257,685	160,670
Interest income	(17,385)	(1,015)
Amortisation of capital grant	(215,882)	(123,174)
Operating surplus before working capital changes	506,473	904,782
Receivables	(89,954)	(102,089)
Payables	556,541	666,635
Cash generated from operations	973,060	1,469,328
Capital grant	535,494	113,260
Net cash from operating activities	1,508,554	1,582,588
Cash flows from investing activities		
Purchase of property, plant and equipment (Note A)	(468,229)	(203,090)
Interest income	10,046	1,015
Net cash used in investing activities	(458,183)	(202,075)
Net increase in cash and cash equivalents	1,050,371	1,380,513
Cash and cash equivalents at beginning of financial year	2,025,861	645,348
Cash and cash equivalents at end of financial year	3,076,232	2,025,861
Cash and cash equivalents comprise:		
Cash and bank balances	1,316,901	1,015,572
Fixed deposits	1,759,331	1,010,289
	3,076,232	2,025,861

Note A

During the financial year, included in additions to property, plant and equipment (Note 7) is an amount of \$80,000 (2015: \$Nil) representing provision for reinstatement costs.

The accompanying notes form an integral part of these financial statements.

MCYC COMMUNITY SERVICES SOCIETY

NOTES TO THE FINANCIAL STATEMENTS

For the financial year ended 31 July 2016

These notes form an integral part of and should be read in conjunction with the accompanying financial statements.

1 General information

MCYC Community Services Society is registered in Singapore under the Singapore Societies Act.

The Society offers programmes and services to help children, youth and the families in the surrounding Bukit Batok community. Services include literacy centre, student care services, theft intervention programme, youth centre, parenting and family programmes, fostering agency and operating a therapeutic group home.

The headquarters is located at Blk 106 Bukit Batok Central #01-217, Singapore 650106.

The principal services of the Society are as follows:

Literacy Centre

The Literacy Centre helps students cope and remain in mainstream schools, and reduces the risk of juvenile delinquency in their later years. The literacy intervention teachers, who are trained in the Orton-Gillingham approach, help bridge the gaps in literacy skills of mainstream school students with learning needs.

Student Care Services

MCYC manages two student care centres that provide after-school care for students whose working parents are unable to be at home to look after them. Staff members and volunteers help students in their studies as well as provide healthy activities to engage them. During the school holidays, special programmes and excursions to local places of interest are organised for the students' experiential learning.

The two student care centres are located at:

Anglo-Chinese School (Primary)

Bukit View Primary School

Theft Intervention Programme

MCYC has been contracted by the Ministry of Social and Family Development to run the Theft Intervention Programme since 2005. This programme aims to help youths stop their stealing behaviour.

Youth Centre

The Youth Centre caters to community youths aged 10 to 18 years of age by providing a supervised and fun environment for youths to interact and build friendships with peers and youth workers. The Centre also conducts many meaningful programmes to develop them into well-rounded individuals.

1 General information (cont'd)

Parenting and Family Programmes

MCYC's parenting programmes are based on principles and approaches from the Positive Parenting Programme (Triple P). This programme is backed by over 30 years of clinically proven, worldwide research, developed in response to the many unmet needs and unanswered questions from parents and practitioners.

Therapeutic Group Home

The home, named HomeSweetHome@Admiralty, is located at Admiralty Road East. This treatment home helps children who display severe behavioural problems, having experienced complex trauma and attachment issues.

Fostering Agency

MCYC has been selected by Ministry of Social and Family Development as one of the fostering agency in Singapore. The preliminary setup was from June to August 2015 and is fully operational from September 2015.

The role of the new fostering agency is to recruit, train and manage foster parents. Foster parents are volunteers who look after vulnerable children because their natural parents are not able to care for them properly. The reasons include abject poverty, mental health issues, neglect, abusive behaviours and incarceration.

2 Significant accounting policies

a) Basis of preparation

The financial statements, expressed in Singapore dollar which is the functional currency of the Society, have been prepared in accordance with the Societies Act, Singapore Charities Act (the "Charities Act") and Singapore Financial Reporting Standards ("FRS"). The financial statements have been prepared under the historical cost convention except as disclosed in the accounting policies below.

The preparation of financial statements in conformity with FRS requires the use of estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the financial year. Although these estimates are based on Management Committee's best knowledge of current events and actions and historical experiences and various other factors that are believed to be reasonable under the circumstances, actual results may ultimately differ from those estimates. There were no significant judgments and estimates made during the financial year.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period, or in the period of the revision and future periods if the revision affects both current and future periods.

The carrying amounts of cash and cash equivalents, other current receivables and payables approximate their respective fair values due to the relatively short-term maturity of these financial instruments.

In the current financial year, the Society has adopted all the new and revised FRS and Interpretations of FRS ("INT FRS") that are relevant to its operations and effective for the current financial year. The adoption of these new/revised FRS did not have any material effect on the financial results or position of the Society.

2 Significant accounting policies (cont'd)

a) Basis of preparation (cont'd)

New standards, amendments to standards and interpretations that have been issued at the reporting date but are not yet effective for the financial year ended 31 July 2016 have not been applied in preparing these financial statements. None of these are expected to have a significant effect on the financial statements of the Society.

b) Property, plant and equipment

Property, plant and equipment are stated at cost less accumulated depreciation and any impairment loss. Depreciation is charged on a straight-line method so as to write off the depreciable amount of assets over their estimated useful lives as follows:

Computers	- 3 years
Furniture and fittings	- 5 years
Office equipment	- 3 years
Renovations	- 3 - 5 years

On disposal of a property, plant and equipment, the difference between the net disposal proceeds and its carrying amount is taken to statement of comprehensive income.

The residual values, estimated useful lives and depreciation method of property, plant and equipment are reviewed, and adjusted as appropriate, at each balance sheet date. The effects of any revision are recognised in statement of comprehensive income when the changes arise.

Fully depreciated assets are retained in the financial statements until they are no longer in use.

Renovation in progress is carried at cost until renovation is completed. No depreciation is recorded for renovation in progress. Depreciation is taken up only when renovation is completed.

c) Income recognition

Income is recognised to the extent that it is probable that the economic benefits associated with the transaction will flow to the entity, and the amount of income and related cost can be reliably measured.

Programme income are recognised over year of provision of services to clients.

Interest income is accrued on a time proportion basis, by reference to the principal outstanding and at the interest rate applicable.

Donation income is recognised when received.

d) Government grants

Government grants are recognised at their fair value where there is reasonable assurance that the grant will be received and all attaching conditions will be complied with. Where the grant relates to an asset, the fair value is recognised as deferred capital grant on the balance sheet and is amortised to profit or loss over the expected useful life of the relevant asset by equal annual instalments.

When the grant relates to an expense item, it is recognised in statement of comprehensive income over the period necessary to match them on a systematic basis to the costs that it is intended to compensate.

2 Significant accounting policies (cont'd)

e) Defined contribution plans

The Society contributes to the Central Provident Fund (“CPF”), a defined contribution plan regulated and managed by the Singapore Government. The Society’s contributions to CPF are charged to the income and expenditure in the year in which the contributions relate.

f) Financial assets

The Society’s financial assets are “loans and receivables” (excluding “prepayments” and “accrued income”) which comprise other receivables, fixed deposits and cash and bank balances.

Loans and receivables are measured at initial recognition at fair value plus transaction cost and are subsequently measured at amortised cost using the effective interest method, less impairment. The Company assesses at each balance sheet date whether there is objective evidence that a financial asset or a group of financial assets is impaired. When such evidence exists, the carrying amount of the asset is reduced through the use of an allowance account, and the amount of the loss is recognised in statement of comprehensive income. The allowance recognised is measured as the difference between the asset’s carrying amount and the present value of estimated future cash flows discounted at the effective interest rate computed at initial recognition. When a receivable is uncollectible, it is written off against the allowance account for receivables. Subsequent recoveries of amounts previously written off are credited in statement of comprehensive income.

g) Financial liabilities

Financial liabilities which comprise other payables and accruals (excluding “deferred income”, “GST payables” and “provision for reinstatement cost”) are initially measured at fair value plus directly attributable transaction costs and are subsequently measured at amortised cost using the effective interest method.

A financial liability is derecognised when the obligation under the liability is extinguished. Gains and losses are recognised in the income or expenditure when the liabilities are derecognised and through the amortisation process.

h) Impairment of non-financial assets

Non-financial assets are reviewed for impairment at each balance sheet date or whenever events or changes in circumstances indicate that the carrying amount of an asset may not be recoverable. Whenever the carrying amount of an asset exceeds its recoverable amount, an impairment loss is recognised in statement of comprehensive income.

Reversal of impairment losses recognised in prior years is recorded when there is an indication that the impairment losses recognised for the asset no longer exist or have decreased. The reversal is recorded in income. However, the increased carrying amount of an asset due to a reversal of an impairment loss is recognised to the extent it does not exceed the carrying amount that would have been determined (net of amortisation or depreciation) had no impairment loss been recognised for that asset in prior years.

i) Income tax

The Society is exempt from income tax under the Income Tax Act. As such, no provision for income tax has been made in the financial statements of the Society.

2 Significant accounting policies (cont'd)

j) Provisions

Provisions are recognised when the Society has a legal or constructive obligation as a result of past events and it is probable that an outflow of resources will be required to settle the obligation and a reliable estimate of the amount can be made. Where the Society expects a provision to be reimbursed, the reimbursement is recognised as a separate asset but only when the reimbursement is virtually certain.

k) Operating leases

Leases where a significant portion of the risks and rewards of ownership are retained by the lessor are classified as operating leases. Payments made under operating leases (net of any incentives received from the lessor) are taken to statement of comprehensive income on a straight-line basis over the period of the lease.

When an operating lease is terminated before the lease period has expired, any payment required to be made to the lessor by way of penalty is recognised as an expense in the period in which termination takes place.

l) Cash and cash equivalents

For the purposes of the statement of cash flows, cash and cash equivalents comprise fixed deposits and cash and bank balances.

3 Donations

Included in donations are tax exempted donations of \$401,852 (2015: \$931,766).

4 Staff costs

	2016 \$	2015 \$
Salaries and related costs	3,194,597	2,983,662
Central Provident Fund	472,873	471,613
Others	215,200	126,107
	3,882,670	3,581,382

Included in staff costs are remuneration paid to key management staff as follows:

	2016 \$	2015 \$
Salaries and related costs	268,789	246,821
CPF	32,188	27,757

Key management staff comprises Executive Director, Assistant Director and Head of Finance.

5 Other operating expenses

	2016	2015
	\$	\$
Included in other operating expenses are the following expenses:		
Food and refreshments	156,215	181,330
Transport and travelling	139,235	53,106
Professional fee	152,148	86,200

6 Net surplus and total comprehensive income

Included in the net surplus and total comprehensive income for the financial year is \$Nil (2015: \$495,166) retrospective funding from Ministry of Social and Family Development. The retrospective funding of \$Nil (2015: \$495,166) is to be provided to MCYC Community Services Society which had paid in advance to sustain the pilot project at HomeSweetHome@Admiralty.

7 Property, plant and equipment

	Computers \$	Furniture and fittings \$	Office equipment \$	Renovations \$	Renovation in progress \$	Total \$
2016						
Cost						
At 1.8.2015	73,628	29,817	12,207	712,193	139,110	966,955
Additions	50,905	—	47,521	449,803	—	548,229
Reclassification	—	—	—	139,110	(139,110)	—
At 31.7.2016	124,533	29,817	59,728	1,301,106	—	1,515,184
Accumulated depreciation						
At 1.8.2015	63,759	17,765	10,574	277,814	—	369,912
Depreciation charge	17,589	4,705	4,273	231,118	—	257,685
At 31.7.2016	81,348	22,470	14,847	508,932	—	627,597
Net carrying value						
At 31.7.2016	43,185	7,347	44,881	792,174	—	887,587
2015						
Cost						
At 1.8.2014	73,628	29,817	12,207	607,023	41,190	763,865
Additions	—	—	—	63,980	139,110	203,090
Reclassification	—	—	—	41,190	(41,190)	—
At 31.7.2015	73,628	29,817	12,207	712,193	139,110	966,955
Accumulated depreciation						
At 1.8.2014	53,766	12,613	7,307	135,556	—	209,242
Depreciation charge	9,993	5,152	3,267	142,258	—	160,670
At 31.7.2015	63,759	17,765	10,574	277,814	—	369,912
Net carrying value						
At 31.7.2015	9,869	12,052	1,633	434,379	139,110	597,043

The Society received a capital grant from Ministry of Social and Family Development to finance renovation of the Centre.

8 Other receivables

	2016	2015
	\$	\$
Accrued income	228,994	174,782
Sundry receivables	91,243	63,199
Sundry deposits	43,058	40,014
Prepayments	39,591	27,598
	402,886	305,593

9 Fixed deposits

	2016	2015
	\$	\$
Fixed deposits - Reserve Policy Fund (Note 16)	700,000	350,000
Fixed deposits - General Fund	1,059,331	660,289
	1,759,331	1,010,289

Fixed deposits are short term in nature, mature less than 12 months (2015: 12 months) after balance sheet date and earn interests at the short-term fixed deposits rates ranging from 0.10% to 1.90% (2015: 0.10% to 1.54%) per annum.

10 Capital grants

	2016	2015
	\$	\$
At 1 August	452,055	461,969
Grants received	535,494	113,260
Accumulated amortisation	(215,882)	(123,174)
At 31 July	771,667	452,055
Accumulated amortisation comprises:		
At 1 August	223,933	100,759
Amortisation during the financial year	215,882	123,174
At 31 July	439,815	223,933

The Society received capital grants from Ministry of Social and Family Development and National Council of Social Service for renovation works and is amortised over useful life of 5 years.

11 Other payables

	2016	2015
	\$	\$
Provision for reinstatement	80,000	—
Sundry payables	45,864	25,510
Accrued operating expenses	603,051	388,396
Students' deposits	92,853	82,179
Deferred income	797,759	457,747
GST payables	15,414	44,568
	1,634,941	998,400
Non-current portion	(80,000)	—
	1,554,941	998,400

12 Accumulated fund

Included in the accumulated funds are the following restricted funds for the following divisions:

	2016	2015
	\$	\$
Fostering agency	97,588	19,628
Therapeutic Group Home	(96,755)	5,824
Literacy Centre	(106,992)	(155,327)

13 Affiliated party transactions

	2016	2015
	\$	\$
Donations received	625,200	622,400
Programme income	—	12,000

Affiliated parties are Methodist organisations which are affiliated to one another.

14 Commitments**a) Operating lease commitment**

The Society leases premises and equipment under lease agreement that is non-cancellable. At balance sheet date, commitments in relation to non-cancellable operating lease contracted for lease of premises and equipment not recognised as liabilities are payable as follows:

	2016	2015
	\$	\$
Within one year	149,434	101,679
Within two to five years	162,815	103,009
	312,249	204,688

14 Commitments (cont'd)**b) Capital commitment**

	2016	2015
	\$	\$
Contracted sum which had not been provided for the renovation works	20,367	58,746

15 Financial instruments**a) Categories of financial instruments**

Financial instruments at their carrying amounts at balance sheet date are as follows:

	2016	2015
	\$	\$
<i>Financial assets - loans and receivables</i>		
Other receivables (excluding prepayments and accrued income)	134,301	103,213
Cash and bank balances	1,316,901	1,015,572
Fixed deposits	1,759,331	1,010,289
	3,210,533	2,129,074
<i>Financial liability - at amortised cost</i>		
Other payables (excluding GST payables, deferred income and provision for reinstatement cost)	741,768	496,085

b) Financial risk management

Overall risk management is determined and carried out by the Management Committee. Due to the nature of the Society's activities, it has minimal financial risks exposure.

Foreign exchange risk

The Society's exposure to foreign exchange risk is minimal as nearly all of its transactions are in Singapore dollar.

Credit risk

Credit risk refers to the risk that counterparty will default on its contractual obligations resulting in financial loss to the Society. The Society's exposure to credit risk arises primarily from sundry receivables and cash and bank balances. The Society has no significant concentration of credit risk exposure. The maximum exposure to credit risk is represented by the carrying value of each class of financial assets recognised in the balance sheet.

Financial assets that are neither past due nor impaired

Sundry receivables that are neither past due nor impaired are creditworthy debtors with good payment record with the Society. Cash and bank balances and fixed deposits that are neither past due nor impaired are placed with reputable financial institutions with high credit ratings and no history of default.

15 Financial instruments (cont'd)

b) Financial risk management (cont'd)

Credit risk (cont'd)

Financial assets that are past due and/or impaired

The Society has sundry receivables amounting to \$91,243 (2015: \$63,199) that are past due at the balance sheet date but not impaired. These receivables are unsecured and the analysis of their aging at balance sheet is as follows:

	2016 \$	2015 \$
Sundry receivables past due:		
Past due 1 to 30 days	46,611	33,650
Past due more than 30 days	44,632	29,549
	91,243	63,199

Interest rate risk

Interest rate risk is the risk that the fair value or future cash flows of the Society's financial instruments will fluctuate because of changes in market interest rates. The Society's income and operating cash flows are substantially independent of changes in market interest rates as it does not have significant interest-bearing financial instruments.

Liquidity risk

The Management Committee exercises prudent liquidity and cash flow risk management policies and aims to maintain sufficient level of liquidity and cash flows at all times.

c) Fair values

The carrying amounts of the financial assets and financial liabilities recorded in the financial statements of the Society approximate their fair values due to their short term nature.

16 Fund management

The Society's objective when managing its funds are to safeguard and to maintain adequate working capital to continue as going concern and to develop its principal activities over the longer term through programme income and significant support in the forms of donations.

The Society established a Reserve Policy Fund, the purpose of which is to accumulate over a ten-year period, excess funds equivalent to six months operating expenditure so as to provide for unexpected future working capital requirements. At 31 July 2016, this Reserve Policy Fund is represented by the fixed deposits of \$700,000 (2015: \$350,000) (Note 9). Subsequent to the balance sheet date, the Management Committee has approved the increase of the Reserve Policy Fund to \$1,000,000.

17 Authorisation of financial statements

The financial statements of the Society for the financial year ended 31 July 2016 were authorised for issue in accordance with a resolution of the Management Committee dated 1 November 2016.



vefostering

Congratulations!

MCYC Community Services Society
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